

Contact Information

Mailing Address

RST
10 Parkview Crescent
Strathroy ON, N7G 4A3

Email

scotrachuk@sympatico.ca

Phone

519-319-4302

website

www.competitiveskatingschoolstrathroy.com

For information regarding any of our programs, please use the above contact information to assist with any of your questions

CanSkate Application Form

Available to be printed at your convenience through email or by downloading it off of the website.

Please send all forms to RST at the above address or email confirming your registration, and bring the application form to the first session



CanSkate is Skate Canada's flagship learn-to-skate program, designed for beginners of all ages. When you sign up for CanSkate you will be in a program that focuses on fun, participation and basic skill development. You will earn badges and other incentives as you learn fundamental skating skills. Lessons are given in a group format and led by an NCCP certified professional coach. Professional coaches are assisted by trained Program Assistants. Skaters progress at their own rate and coaches make sessions active using teaching aids, music and a wide variety of activities that create a fun environment and promote learning. CanSkate is the feeder program to all other Skate Canada Skating Programs.



Other CSCS Programs:

Pre Competitive Program: This is an introduction to figure skating that operates 11 months of the year. It is the step that follows the CanSkate program. Skaters at this level continue to learn in a group format, and there is no prerequisite to enter. Each skater learns at their own pace, and they typically skate 2-4 times per week, and attend off ice technical classes. Each session runs between 1.5-2.5 hrs.

Competitive Program: This is an intense program that requires dedication and commitment on the part of the skater. It operates 11 months of the year, and requires the skater to train 4-5 days a week, 3-6 hrs a day. The skaters in this program compete in national qualifying events, and earn the chance to compete for a national championships. With success at the national level, the skaters can advance to representing their country at international events worldwide.



The Competitive Skating Centre of Strathroy and RST

Rachuk Sport Technologies
presents



A Learn to Skate, Skate Canada
Program





THE COMPETITIVE SKATING CENTRE OF STRATHROY

Saturday Schedule

10-10:50- CanSkate- group 1
 11- 11:50- CanSkate- group 2

Program fee:

Full Winter Program:

Sept 17-March 17-\$235.00

Half Winter Programs:

Sept 17-Dec 17- \$130.00

Jan 7-March 31- \$130.00

Plus add:

Skate Canada
 Registration Fee- \$32.70

Western Ontario
 Lottery Book- \$40.00

Add HST to total

Full program- \$347.70

Half program- \$229.05

CanSkate Dates to Remember

Dates	Time	Location
Sept 17-Dec 17, 2011	10am-12pm	Gemini Sporstplex
Nov 5 and 12, 2011	Hockey Tournaments	No ice on these days
Dec 24-31	Holiday Break	No ice on these days
Jan-7-Mar 31,2012	10am-12pm	Gemini Sporstplex
April 5,2012	5-7pm- ice show rehearsal	West Middlesex Memorial Centre
April 6 and 7,2012	Ice Show 2,7pm	West Middlesex Memorial Centre

Competitive Skating Centre of Strathroy

The Competitive Skating Centre of Strathroy is a world class skating school which has trained some of the best Canadian skaters over the past 10 years. We operate our program year round in the Strathroy facilities. Skate Canada and the Western Ontario Section have granted CSCS an opportunity to run their signature learn to skate program "CanSkate" this year for the very first time. The coaches and skaters of the centre are excited to be running this program. Your children will be coached by Canadian National Team coaches and athletes, who will build the proper basics to succeed in any of the ice sports. The coaches and athletes of CSCS have travelled the county and the world competing and performing the sport of figure skating, and will use that experience and knowledge to create the best learn to skate environment available to the public. Some children may wish to pursue figure skating as their sport, and we offer all levels of programs from beginner to elite to advance them through the sport. We look forward to helping your child reach their skating goals and dreams